**Date of learning event:**

**Title of learning Event:**

**Me**

|  |
| --- |
| My experience of the subject prior to the learning experience |

**Facts**

|  |  |
| --- | --- |
| How the knowledge was acquired? | What was the nature of the experience or event? Explain the subject. |
| An account of what happened without specifying what was learnt. | Select the part of the event that was significant and/ or important to you. |

**Feelings**

|  |  |
| --- | --- |
| What aspect of the event went well? | What was not so good? |
| What were my feelings about what happened? | What were the feelings of others? |

**Learning**

|  |  |
| --- | --- |
| What were my desired learning outcomes? | Where does it link in or combine with my existing knowledge? |
| What have I learnt from the experience? |

**Conclusions**

|  |  |
| --- | --- |
| What do I need to do next? | How can I put my learning into practice in another situation? |