**Format 1 Reflective practise on placement** **Date:**

*Modified from “Developing a Portfolio: a guide for CSP members”, The Chartered Society of Physiotherapy 2001*

Describe the experience:

What did you do… ….and why?

What went well… …and what could have been better, if anything?

What (if anything) would you now do differently, faced with a similar situation?

Describe what you learnt from this experience?