**Peer Observation- Based on AMPS**

Date: Peer Observed: Peer: Reviewing:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Skill** | Key: **A**: Adequate **I**: Ineffective **D**: Deficient | | | | | |
| **Body Position** |  | Stabilizes | | Transiently loses balance, wobbles, props | | |
|  | Aligns | | Persistently leans, props | | |
|  | Positions | | Awkward arm/body position ‘elbow up’ | | |
| **Obtaining & holding** |  | Reaches | | Effort or ‘stiffness’ when reaching/placing task objects, stiff bending when reaching/ placing task objects | | |
|  | Bends | | Decreased trunk mobility when reaching/ placing task objects, ‘stiff’ bending when sitting down or squatting | | |
|  | Grips | | “grip slips” when interacting with task objects | | |
|  | Manipulates | | In-hand manipulation of task objects “fumbles” | | |
|  | Coordinates | | Grip slip or fumbles when using two body parts to stabilize task objects, the motor aspect of stabilizing task objects | | |
| **Moving self & Objects** |  | Moves | | Increased effort or instability when pushing or pulling task objects, propelling wheelchair, pulling on clothing, opening drawers and doors | | |
|  | Lifts | | Increased effort when lifting, slides task objects that most people lift | | |
|  | Walks | | ‘Wobbles’ or is unstable when walking, props and walks | | |
|  | Transport | | Motor aspect of carrying task objects | | |
|  | Calibrates | | Regulation of force, speed or extend of movement | | |
|  | Flows | | Fluid quality of arm and hand movement | | |
| **Sustain** |  | Endures | | Obvious physical (vs. mental) fatigue | | |
|  | Paces | | Rate or tempo (slow, uneven, rushed) | | |
|  | Heeds | | Keeps the plot, heeds essential goal (task) | | |
| **Applying Knowledge** |  | Chooses | | Does not choose, chooses wrong or different, or chooses extra | | |
|  | Uses | | Use plate as plate, knife as knife, proper tools for the proper job, sanitary use | | |
|  | Handles | | Handles with care, delays in holding or stabilizing objects; process aspects of holding stabilizing, and supporting objects | | |
|  | Inquires | | Ask for information client should know, repeatedly asks for information | | |
| **Temporal Organisation** |  | Initiates | | Hesitate to start (action or step), omit steps | | |
|  | Continues | | Interrupts action sequences of steps, pauses during a series of actions(action or step) | | |
|  | Sequences | | Logical ordering of steps, strange order (steps) | | |
|  | Terminates | | Too long, too little; enough, but not too much | | |
| **Organise Space and Objects** |  | Searches/Locate | | Logical search process, finding skill | | |
|  | Gathers | | Brings together “regathers ” | | |
|  | Organizes | | Workspace crowded or too spread out, spatially arranging clothing | | |
|  | Restores | | Leaves workspace neat and clean, puts tools and material away | | |
|  | Navigates | | Bumps into; movement trajectory of arm, hand, body and wheelchair | | |
| **Adapting performance** |  | Notice/Responds | | Notices and responds, action of objects, placement or alignment of objects, open doors or drawers | | |
|  | Adjusts | | Go to, go get; lock, unlock; turn off; turn up, turn down | | |
|  | Accommodates | | Changes method within workspace, relocates objects within workspace, ask for help | | |
|  | Benefits | | ADL motor or process skill problems recur or persist, verbal cues do not help | | |
| **SimpleStar[1]SimpleStar[1]** | | | **Identify two strengths**: | | cutie_mark___magic_moon__adventures_in_ponyville__by_durpy-d54bv71[1] | **Identify an area for development / suggest a different approach:** |